



# TOWN OF WINDHAM, NEW HAMPSHIRE

OFFICE OF THE SELECTMAN AND TOWN ADMINISTRATOR  
POST OFFICE BOX 120, 4 NORTH LOWELL ROAD, WINDHAM NH 03087-0120

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## FAMILY RESOURCES

**Adult and Elderly Services -----883-7726**

*Provides general information regarding services and resources which can be of assistance to elderly and/or incapacitated adults.*

**Food Stamps -----883-7726**

*Department of Health and Human Services, 3 Pine Street Extension, Suite Q, Nashua NH*

**Temporary Assistance for Needy Families - TANF -----883-7726**

*This is a cash monthly grant for families. Department of Health and Human Services, 3 Pine Street Extension, Nashua NH*

**Fuel Assistance-----893-9172**

*Assistance is available even if heat is included in rent – assistance is applied to rent. Call first for appointment.*

**Meals on Wheels-----893-2137**

*Provides meals-on-wheels to the homebound and seniors. Call to set up an appointment.*

**Service Link -----1-866-634-9412**

*Provides answers regarding healthcare and other services. For adults, persons with disabilities and family caregivers.*

**[NH Healthy Kids](#) -----1-877-464-2447**

**Community Health Services-----425-2545**

*Insurance for adults with some income – pay (sliding scale only when in need of services -no monthly premium). Coverage includes medications and some dental. Must call to qualify and be approved - takes a couple weeks.*

**Shepherd's Food Pantry----- Windham Presbyterian Church On Mondays 10 am to 11 am**

## TRANSPORTATION

**CART-----434-3569**

*Provides rides to doctors, shopping, work, etc for a small fee. Call to schedule ride.*

**Town Van-----432-7732**

*Provides transportation to doctor appointments, as well as a weekly shopping trip to Wal-Mart in Salem. Call to schedule.*

**Town Assistance -----Call for Kathy Davis 432-7732**